



# DAY DELEGATE RATES

FULL DAY DELEGATE RATE **£55 + VAT**

HALF DAY DELEGATE RATE **£40 + VAT**

## BREAKFAST

### Breakfast Pastries (V)

All butter croissants, raspberry croissants

### Homemade Breakfast Smoothies (VG)

Coconut and lime smoothie, mango and ginger

### Fruit Salad (VG)

Selection of seasonal fruits

### Add-on:

Thai Green Curry Kedgeree Poached Eggs (GF) £8pp

## LUNCH

### Sando - Japanese sandwich in soft white bread

All sandos served with handmade vegetable crisps or fries, followed by a dessert chocolate brownie

### Korean Chicken Sando

With shredded carrots, cabbage, and a pineapple and chilli ketchup

### Egg Mayo Sando (V)

With spinach, and wild mushrooms

### Applewood Cheddar Sando (VG)

With vegan cheddar, pickled fennel, carrot slaw, and rocket

### Cauliflower Hummus Sando (VG)

With roasted miso cauliflower, red pepper, avocado and pickled cabbage

### Homemade Chocolate Brownie (V)

### Upgrade to a main dish:

### Japanese Nutrition Bowl (VG) (GF) + £4pp

Sticky sushi rice, spring greens, pak choy, burned broccoli, oyster mushrooms, kimchi, courgettes, edamame, dashi broth, and black sesame

### Korean Fried Chicken Japanese Nutrition Bowl + £6pp

## ALL DAY REFRESHMENTS

Selection of teas and coffee

### Selection of fresh juices

Fresh orange, pink grapefruit, and apple

### Still and sparkling water

### Chocolate chip cookies (V)

Served at a time of your choosing for the group